



# Extended DISC® Christmas Tree Decorating Activity

Celebrate individuality, creativity, and team spirit while exploring DISC personality styles!



# Materials You'll Need

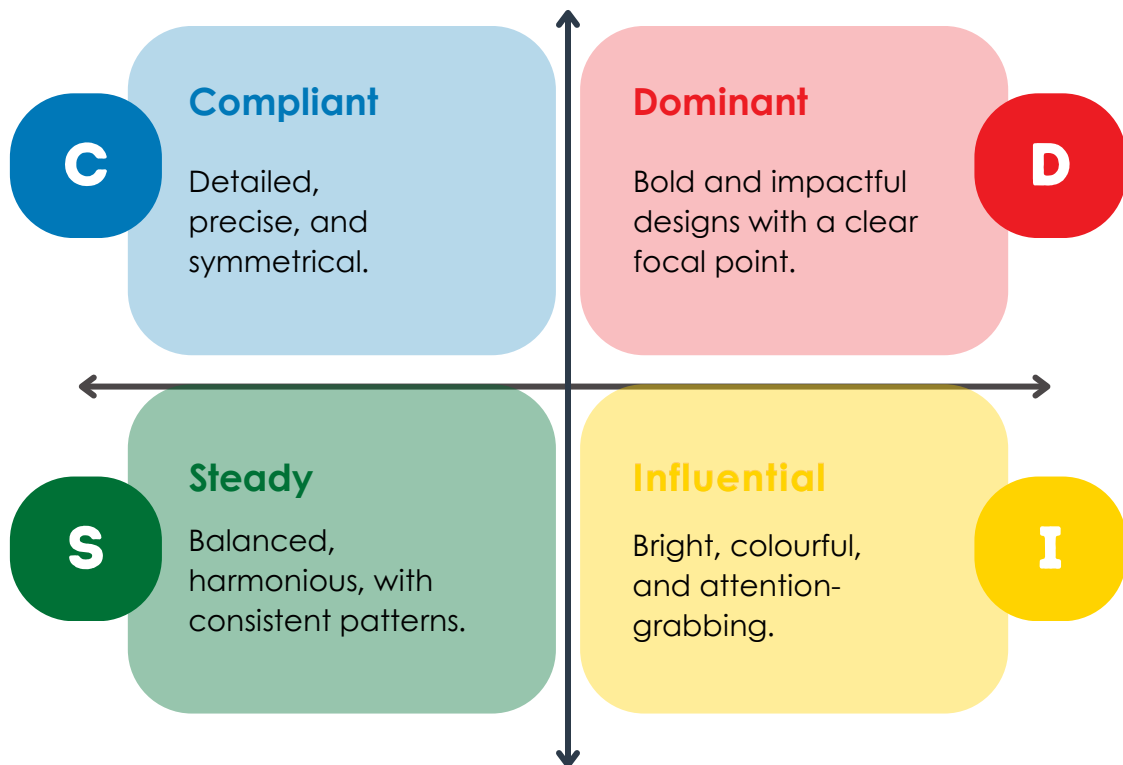
## Christmas Tree Templates (see attachment)

## Decorating Supplies

- 🎨 Stickers, glitter, ribbons
- 🎄 Mini ornaments, markers, and paint
- ✂️ Scissors, glue, and tape

## Handout / Poster

Provide a handout or poster summarising DISC styles:





# Activity Schedule

## 1. Kick Off the Festivities

(5 Minutes)

Welcome everyone to the activity and explain the goal:  
“We’re going to design Christmas trees that reflect our personality styles!”

Briefly explain the Extended DISC framework and how it connects to the decorating process:

**D – Dominance:** Strong and impactful designs.

**I – Influence:** Vibrant and eye-catching.

**S – Steadiness:** Balanced and harmonious.

**C – Compliance:** Detailed and symmetrical.

*Reassure participants: There’s no “wrong” way to decorate!*

## 2. Craft Your Tree

(15 Minutes)

Hand out materials and let everyone get creative.  
Encourage participants to express themselves through their chosen style.

Suggest ideas to match styles:

**D:** Use bold colours, large shapes, or striking contrasts.

**I:** Add glitter, bright colours, and dynamic elements.

**S:** Incorporate symmetry, patterns, and harmonious designs.

**C:** Focus on intricate details, precision, and alignment.

## 3. Share and Shine

(10 Minutes)

Gather the group to share their creations.

Ask each person to explain:

What inspired your design?

How does it reflect your DISC style or personality?

Did you notice any connection to how you approach tasks?

Celebrate everyone’s creativity and individuality.

#### 4. Build Your DISC Forest

Display everyone's trees on a table or pin them to a wall or board to create a festive "DISC Christmas Forest."

Optionally, take a group photo with participants holding their creations.

#### 5. Reflection and Team Insights

Facilitate a discussion to reflect on the experience:

What did you notice about the designs?

How did the activity highlight your personality traits?

How can understanding these styles improve team collaboration?

#### Optional Challenge: The Decorating Twist

Add a surprise decorating challenge:

Incorporate specific items (e.g., stars, bells, candy canes).

Introduce a trading system where participants swap materials to encourage collaboration.

Enjoy crafting, connecting, and celebrating your team's unique styles in this festive and fun activity!



