



Extended DISC[®] Christmas Tree Decorating Activity

Celebrate individuality, creativity, and team spirit while exploring DISC personality styles!



Materials You'll Need

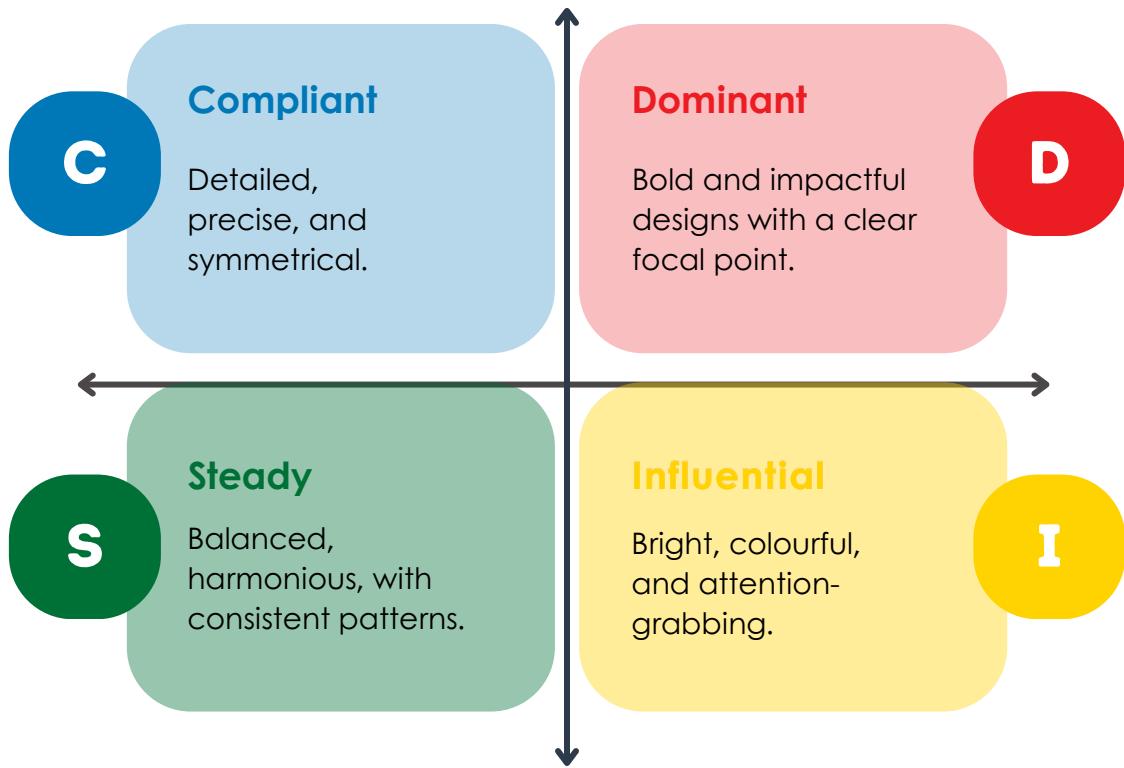
Christmas Tree Templates (see attachment)

Decorating Supplies

- 🎨 Stickers, glitter, ribbons
- 🎄 Mini ornaments, markers, and paint
- ✂️ Scissors, glue, and tape

Handout / Poster

Provide a handout or poster summarising DISC styles:



Activity Schedule

1. Kick Off the Festivities

(5 Minutes)

Welcome everyone to the activity and explain the goal:
“We’re going to design Christmas trees that reflect our personality styles!”

Briefly explain the Extended DISC framework and how it connects to the decorating process:

D – Dominance: Strong and impactful designs.

I – Influence: Vibrant and eye-catching.

S – Steadiness: Balanced and harmonious.

C – Compliance: Detailed and symmetrical.

Reassure participants: There’s no “wrong” way to decorate!

2. Craft Your Tree

(15 Minutes)

Hand out materials and let everyone get creative.
Encourage participants to express themselves through their chosen style.

Suggest ideas to match styles:

D: Use bold colours, large shapes, or striking contrasts.

I: Add glitter, bright colours, and dynamic elements.

S: Incorporate symmetry, patterns, and harmonious designs.

C: Focus on intricate details, precision, and alignment.

3. Share and Shine

(10 Minutes)

Gather the group to share their creations.

Ask each person to explain:

What inspired your design?

How does it reflect your DISC style or personality?

Did you notice any connection to how you approach tasks?

Celebrate everyone’s creativity and individuality.

4. Build Your DISC Forest

Display everyone's trees on a table or pin them to a wall or board to create a festive "DISC Christmas Forest."

Optionally, take a group photo with participants holding their creations.

5. Reflection and Team Insights

Facilitate a discussion to reflect on the experience:

What did you notice about the designs?

How did the activity highlight your personality traits?

How can understanding these styles improve team collaboration?

Optional Challenge: The Decorating Twist

Add a surprise decorating challenge:

Incorporate specific items (e.g., stars, bells, candy canes).

Introduce a trading system where participants swap materials to encourage collaboration.

Enjoy crafting, connecting, and celebrating your team's unique styles in this festive and fun activity!



